

# The Greystone

Winter 2023



## GCA'S ANNUAL WINTER FUN DAY!

**SUNDAY, FEBRUARY 26th, 2023 @ 1 pm - 3:30 pm**  
**Greystone Heights School Park**

Please visit [thegreystone.ca](http://thegreystone.ca) for more information.

## Do you use the Greystone Rink?

The GCA is responsible for the maintenance of our fantastic rink.

The GCA also funds part of the costs to run our rink.

Help us keep our rink fabulous!

**Purchase a membership today!**

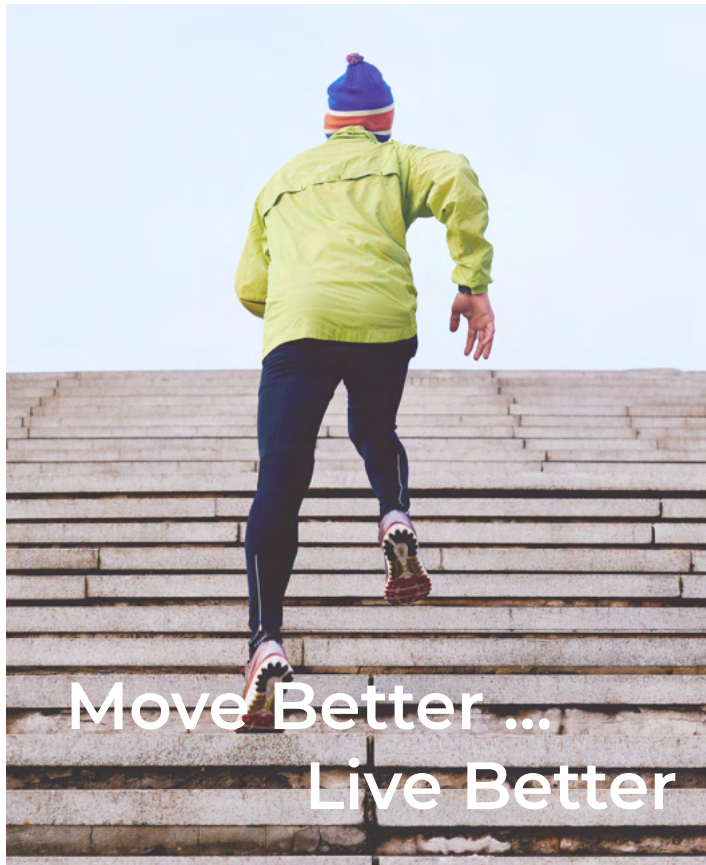
Memberships are \$10/family per year.

Visit **[thegreystone.ca](http://thegreystone.ca)** to purchase yours today.



[thegreystone.ca](http://thegreystone.ca)

**GCA**



# NORTH 49° PHYSICAL THERAPY

**Still trying to figure out how to deal with your ongoing:**

- Headaches and/or neck pain
- Back pain
- Rotator cuff strain
- Tennis elbow
- Hip and knee pain
- Jaw pain
- or Dizziness?

**Let us help you out, whether it be in-clinic or online.**

24/7 online booking at [www.north49therapy.ca](http://www.north49therapy.ca) or call 306.343.7776.


Conveniently located at the Grosvenor Park Centre.

**Varsity Dental Group**  
**General Dentistry**  
 Dr. R. Bhargava | Dr. A. Gallagher | Dr. K. Gallagher  
 Dr. M. Gavelis | Dr. K. McCann | Dr. E. Bull  
 Dr. J. Marshall | Dr. J. Bourgault

Monday – Thursday 7-7pm  
 Friday 7-5pm | Saturday 7-1pm

201 – 1414 8th Street East, Saskatoon, SK  
 Corner of 8th St. & Cumberland Ave.

[www.varsitydentalsaskatoon.ca](http://www.varsitydentalsaskatoon.ca)



**(306) 665-2400**  
 New and Emergency Patients Welcome

## Advertise with Us!

The GCA offers affordable advertising in the Greystone Heights community.

Email [newsletter@thegreystone.ca](mailto:newsletter@thegreystone.ca) for more information or to place an advertisement in our newsletter.





**Sarina Gersher**  
 Ward 8 City Councillor

**HELLO**  
 Greystone Heights!

-  306-975-3678
-  @SarinaGersherYXE
-  @SarinaGersher
-  sarina.gersher@saskatoon.ca

wardeight.ca

# Jennifer Bowes

## People First



**Your NDP MLA for Saskatoon University**  
[saskatoonuniversity@ndpcaucus.sk.ca](mailto:saskatoonuniversity@ndpcaucus.sk.ca) | 306-956-0224

# WINTER PROGRAMS

## Registration opens January 9th @ [thegreystone.ca](http://thegreystone.ca)

A valid Community Association Membership is required to register for GCA programming. Greystone Community Association Memberships are available for \$10/family.

Registration will be ONLINE ONLY @ [thegreystone.ca](http://thegreystone.ca)

Programs may change. For the most current information, please visit our website [thegreystone.ca](http://thegreystone.ca), consult [facebook.com/greystoneheights](https://facebook.com/greystoneheights) or contact Tracy at [jtriffel@shaw.ca](mailto:jtriffel@shaw.ca).

Program	Day of Week	Dates	Time	# of weeks	Ages	Fee
Pickleball	Thursdays	Jan. 19 - Mar. 16	6:30 - 8:00 pm	8	16+	\$40.00
Yoga	Tuesdays	Jan. 24 - Mar. 21	6:30 - 8:30 pm	8	16+	\$90.00
Art Class 1	Thursdays	Jan. 19 - Mar. 09	6:00 - 7:00 pm	7	6 - 12	\$70.00
Art Class 2	Thursdays	Jan. 19 - Mar. 09	7:00 - 8:00 pm	7	6 - 12	\$70.00
Gym Blast	Mondays	Jan. 30 - Mar. 27	6:00 - 7:00 pm	6	3-10	*Free
Child Learn To Skate	Sundays	Jan. 22 - Feb. 26	12:00 - 12:30 pm	5	3 - 7	\$30.00
Youth Learn To Skate	Sundays	Jan. 22 - Feb. 26	12:30 - 1:00 pm	5	8 - 15	\$30.00
STEAM Club	Wednesdays	Jan. 18 - Mar. 15	7:00 - 8:00 pm	8	8 - 13	\$60.00
Tai Chi	Wednesdays	Jan. 18 - Mar. 01	6:00 - 7:00 pm	6	16+	\$30.00
Learn To Podcast	Mondays	Jan. 30 - Mar. 20	6:00 - 7:30 pm	6	13 - 18	Free

\*With GCA Membership

## FINANCIAL SUPPORT

In an effort to ensure that everyone who wants to participate is able to, Cost-as-a-Barrier (financed by the GCA) or KidSport applications are available for anyone facing financial hardships. All inquires are kept confidential. Please contact Tracy at: [jtriffel@shaw.ca](mailto:jtriffel@shaw.ca) or visit [www.kidsportcanada.ca](http://www.kidsportcanada.ca). Please apply early (especially for Kidsport).

## WHY PURCHASE A GCA MEMBERSHIP?

GCA memberships are only \$10/family per year and your \$10 helps us plan events in our community for all families. The membership fees support our volunteer rink, events such as Trunk or Treat, Winter Fun Day, Bingo Night, & other programming. Thank you for supporting our community and purchasing a membership. We hope to bring more events to Greystone Heights with your continued support.

If you would like to purchase a membership, visit us online at [thegreystone.ca](http://thegreystone.ca). To learn more about our community please contact us at [info@thegreystone.ca](mailto:info@thegreystone.ca) and one of our hard-working board members will be in touch with you!





*It's Back!*

# SOCCER

Please visit **thegreystone.ca**  
in late January/early February for details!

- • • • •
- **U5 - U7 - U9 Divisions** •
- **Season runs late April - June** •
- **Coaches & Managers Needed** •
- • • • •

For more information,  
please contact:  
[soccer@thegreystone.ca](mailto:soccer@thegreystone.ca)

## RINK NEWS

Wishing everyone a Happy New Year! Pesky snowfalls in early November hampered our ice making process. Snow is not welcome when you're building ice, but the volunteers persevered. We started November 6<sup>th</sup>, and 13 floods later we had a finished product ready on the 17<sup>th</sup>.

**The following are members of our volunteer crew:**

Trevor Blum  
Anders Carlson  
Archie Gillies  
Miles Warkentine  
Jonathan Fohse

Conal Hancherow  
Gary Koop  
Newell Hedstrom  
Aaron Gaudet

Trevor Grabowski  
Josh Dahl  
Justice Horner  
Mark Wahba

Darren Frey  
Joe Riffel  
AJ Nichols  
Dylan Olver

One long-time volunteer, Brendan O'Reilly has decided to retire. Brendan has worked with the rink 8-10 years and we definitely thank him for all the shifts he's done over the years! Two guys listed above are moving away from Greystone. Conal Hancherow moved to Saskatoon 5-6 years ago and has helped the rink since his arrival. Anders Carlson started helping last year and his family is moving to a different neighbourhood in Saskatoon. Thanks to you both, all the best and we'll miss you.

If you are interested in getting some late-night exercise helping at the rink, text/call Trevor at 306-380-7011. All the best in 2023 and enjoy the rink and the park before spring arrives!

# Suspect Hearing Loss?

Wearing hearing aids help reduces the risk of ***cognitive decline*** associated with hearing loss.



## Benefits of wearing hearing devices may include:

- ✓ Improved memory, attention & focus<sup>1</sup>
- ✓ Improved communication skills<sup>1</sup>
- ✓ Improved social relationships<sup>1</sup>
- ✓ Improved mood & feelings of well being<sup>1</sup>
- ✓ Decreased risk of developing dementia<sup>2</sup>

SOURCE: 1. betterhearing.org 2. Johns Hopkins Medicine 2011

**CALL NOW TO BOOK YOUR HEARING EVALUATION**

*50+yrs initial hearing evaluation is free.*



*New Patients Welcome | No Referral Required*

**306.477.3277 | [soundimpressions.ca](http://soundimpressions.ca)**

Grosvenor Park Shopping Centre | 18-2105 8<sup>th</sup> Street East, Saskatoon, SK

Proudly supporting

**Alzheimer Society**

S A S K A T C H E W A N



**CASSANDRA GRABOWSKI**

B.Sc., M.Sc., Aud (C)  
REGISTERED AUDIOLOGIST  
OWNER



**VALERIE LIZÉE**

B.A., M.HSC., Aud (C)  
REGISTERED  
AUDIOLOGIST

# WARD 8 CITY COUNCILLOR UPDATE

Hello Neighbours,

I am wishing you all a wonderful holiday season.

I hope you have a chance to enjoy all the winter activities available, including your local rink and nearby cross-country skill trails.

It remains a busy time at City Hall, as we recently concluded budget deliberations. The budget remains fairly consistent with what was previously approved, but includes additional supports for attainable housing, the SPCA and policing. We were able to reduce some of the burdent on our budget caused by inflation.

Additional information on the Downtown Event and Entertainment District, the Remai Modern's admission by donation announcement, waste subsidy and climate action updates can be found at [wardeight.ca](http://wardeight.ca). Don't forget to sign up for our monthly newsletter for timely updates.

Stay in touch,

Sarina Gersher



Greystone Community Association acknowledges that we are on Treaty 6 Territory and the Homeland of the Métis.

## Share Your Ideas With Us!

Do you have a talent that you would like to share with the community? Or maybe you are a certified instructor and have some extra time available during evenings or weekends? The GCA is open to your ideas! We offer weekly programming as well as 1- or 2-day courses.

The GCA is reaching out to community member to see if anyone is interested in offering some new (or old!) programs.

If you are interested, please reach out to Tracy at [jtriffel@shaw.ca](mailto:jtriffel@shaw.ca).



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955.3826 OR VISIT [WWW.DRAGONSDENGAMES.COM](http://WWW.DRAGONSDENGAMES.COM)



# AGM & BINGO NIGHT

The Greystone Community Association's (GCA) Annual General Meeting (AGM) and Bingo Night was held on October 14th in the Greystone School gym. About 80 people attended.

During the AGM portion of the evening we thanked outgoing board members. Our heartfelt thanks to: Lina, Ibtesam (Sam), and Conal.

A delightful surprise during the AGM was the 10 new volunteers that joined the GCA team. We welcome: Carey, Trevor, Evan, Noah, Dwayne, AJ, Dylan, Ankita, Tracey, and Brett to our board!

The Bingo portion of the evening was a wonderful time of families playing together. There were lovely prizes for the winners and many families played bingo for the first time!

Treats and drinks for purchase were provided by 1st Saskatoon East Beavers and Scout Troop.

We gratefully acknowledge and thank the following prize donors: McNally Robinson Booksellers, Dragon's Den Games, Select Roses, Traxx Footwear, Superstore and North 49 Physiotherapy.





# THANK YOU

The GCA wishes to acknowledge the following local businesses for sponsoring our AGM & Bingo Night!



Select Roses



# THIRD ANNUAL TRUNK OR TREAT

This year our trunk or treat was a huge success. We had approximately 100 costumed participants! Thank you to all the community members in costumes who came out to connect with each other and enjoy the spooky festivities. Thank you to all of our neighbours who decorated their trunks and donated candy. A very special thank you to the supporting businesses that helped make this event happen: Market Tire, Sound Impressions Hearing Centre, Tangled in Tiaras, Saskatoon Co-op, Foundations Learning & Skills Saskatchewan and The Saskatoon Field House.







# heinrichs

## ORTHODONTICS

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# GCA BOARD MEMBERS

Position	Name
President	Dylan Olver
Vice President	Vacant
Treasurer	Sherrie Dennis
Secretary	Rebecca Erker
Communications	Jessica Olver
Membership and Volunteer Coordinator	Vacant
Events Coordinator	Vacant
Newsletter Editor	Rishabh Tyagi
Newsletter Delivery Coordinator	Tracey Wahba
Rink Coordinator	Trevor Grabowski
Indoor Program Coordinator	Tracy Riffel
Soccer Coordinator	Noah Koh-Steadman
Basketball Coordinator	Dwayne Kok
Past-President	Lori Weiler-Thiessen
<b>Members-at-large:</b> Carey Blatchford, Trevor Blum, Evan Jamison, AJ Nichols, Ankita Srivastava, and Brett Williams	

# GCA MEETINGS

GCA Members are welcome to attend regularly scheduled GCA meetings. Attending GCA meetings is a great way to meet others in your neighbourhood and to learn about what events are being planned for our community. Our board is made up of a diverse group of community members who share in wanting to make Greystone Heights a vibrant place to live, work, and play!



The GCA meets year round (with the exception of July and August) on the Second Tuesday of the month @ 8 pm at the Salvation Army Temple. Please email Rebecca at [secretary@thegreystone.ca](mailto:secretary@thegreystone.ca) if you would like to attend and to provide your contact information in the event of changes.

# STAY INFORMED

Visit [thegreystone.ca](http://thegreystone.ca) for up-to-date information about GCA events. You can create a FREE account and subscribe to GCA notices. This is the best way to hear about the latest events and happenings in our community.

Also visit our Facebook page @ [facebook/greystoneheights](https://www.facebook.com/greystoneheights) for more information.

# DATES TO REMEMBER

**Winter 2023 Program Registration Opens (online)** Monday, January 9th  
**Winter Fun Day (GH School Park)** Sunday, February 26th @ 1 - 3:30 pm  
**GCA Monthly Meetings (Salvation Army Temple)** 2nd Tues. of the month @ 8 pm